

## **ANNUAL REPORT 2017**





For more information on FCSS initiatives,

visit www.reddeer.ca/fcss 403 342 8100 | fcss@reddeer.ca





2,822

# Thank You

#### **2017 FCSS BOARD MEMBERS**

Milt Williams: Citizen Representative Red Deer and Board Chair Valdene Callin: Citizen Representative Red Deer and Vice-Chair Margaret Gillis: Citizen Representative Red Deer Shannon Jackson: Citizen Representative Red Deer Don Church/Dana Depalme/Jean Bota: Councillors – Red Deer County Tim Wilson/Jeff Bourne: Councillors – Village of Delburne Lynn Mulder/Lawrence Lee/Ken Johnston: Councillors – City of Red Deer Richard Cloutier/Leah Nelson: Councillors – Village of Elnora Lloyd Lane/Sandy Gamble: Councillors – Town of Bowden Kathy Sitter/Tyrone Muller: Councillors – Town of Penhold

2017 SOCIAL PLANNING STAFF – The City of Red Deer

2017 REGIONAL PARTNERS FCSS STAFF

#### WHAT IS FCSS? (Family & Community Support Services)

#### FCSS IS A PARTNERSHIP BETWEEN LOCAL MUNICIPAL GOVERNMENTS, MÉTIS SETTLEMENTS, AND ALBERTA COMMUNITY AND SOCIAL SERVICES.

Within the parameters of the FCSS Act and Regulation, each municipality or Métis settlement determines how the FCSS funding they receive should be allocated to best meet the social programming needs of their community. Local FCSS programs are part of the larger provincial program that collectively ensures Albertans have access to a strong network of preventive social supports. Red Deer & District FCSS supports programs that help to accomplish its vision of empowered individuals, healthy families, and caring communities.

#### **FUNDING DISTRIBUTION AMONGST POPULATIONS**



#### **RED DEER & DISTRICT FCSS FUNDING**

Red Deer & District FCSS creates connections through the projects we fund. We connect isolated seniors to cheerful volunteers, desperate people to agencies with expertise, suicidal teens to counsellors, and abused partners to projects that give them confidence to leave a relationship and rebuild.

#### Annual reporting is based upon:

Qualitative data: project level outcomes and personal evidence of client outcomes.

Quantitative data: demographics and surveys.

## 2017 FUNDING & PEOPLE SERVED

\$4,036,647

Province of Alberta	\$3,229K
The City of Red Deer	\$578K
Red Deer County	\$139K
Town of Penhold	\$40K
Town of Bowden	\$23K
Village of Elnora	\$15K
Village of Delburne	\$13K



28,972 PEOPLE SERVED

The City of Red Deer	18,378
Village of Elnora	3,697
Red Deer County	2,635
Village of Delburne	1,842
Town of Penhold	1,227
Town of Bowden	1,193

FCSS funding is provided through Alberta Community and Social Services and the six partner municipalities; administrative support is provided by the Social Planning department of The City of Red Deer. There is a strong collaboration between all of these partners. Within the FCSS regulations, the Province of Alberta provides 80% of the funding and partner municipalities provide the remaining 20%.

ABORIGINAL PARTICIPANTS

**NEWCOMERS < 5** YEARS IN CANADA

## **CHILD & YOUTH PROJECTS**

**Benalto Playschool** 

Benalto Playschool

**Big Brothers/Sisters of Innisfail** 

BBBSI Rural Mentoring Program Community Facilitator for "Go Girls"

**Bowden Play & Learn Society** 

Bowden Play & Learn Playschool

**Central Alberta Refuge Effort (CARE)** 

**Immigrant Youth Program** 

**Delburne Playschool Society** 

Delburne Playschool Program

**Elnora Playschool** 

Elnora Playschool

**Town of Penhold** 

Penhold Youth Club

**McMan Youth Family and Community Services** 

Parent Child Relationship Development Youth Prevention Group/Parent Support Group

**Chinooks Edge School Division** 

Bowden Grandview School-Resiliency in Children and Youth Family School Wellness Program

**Red Deer Catholic Regional Schools** 

Family School Enhancement Counsellors

**Red Deer Child Care Society** 

Before and After School Program

**Red Deer Public School District** 

Bullying Awareness and Prevention Program Community Liaison Worker

**Red Deer Youth & Volunteer Centre Foundation** 

Big Brothers & Big Sisters of Red Deer & District Boys & Girls Club of Red Deer & District

**Spruce View Rural Child Care Society** 

Spruce View Playschool





# **CHILD & YOUTH PROJECT OUTCOMES**

OUTCOMES INCLUDE POSITIVE DEVELOPMENT, PERSONAL WELL-BEING, AND CONNECTION TO OTHERS.

BIG BROTHERS/SISTERS OF INNISFAIL: COMMUNITY FACILITATOR FOR "GO GIRLS"

100%

of participants surveyed agreed that they feel confident enough to share ideas and feelings with others.

"

"They [the girls] really developed a strong support group within each other. They realized that they are not alone and all struggled the same."

RED DEER YOUTH & VOLUNTEER CENTRE FOUNDATION: BOYS & GIRLS CLUB OF RED DEER & DISTRICT

93%

of participants surveyed feel the programs have helped them feel good about themselves.

"

"I have learned that I can be confident and do anything if I put my mind to it, and that anything is possible." CHINOOKS EDGE SCHOOL DIVISION: FAMILY SCHOOL WELLNESS PROGRAM

95%

of the sample population achieved one or more of their goals as identified in their case plans.

90%

of parents indicated that O Family School Wellness helped to improve their child's ability to be successful.

"In 2017, we provided 58 [preventive] programs to 2901 students."

## **FAMILY PROJECTS**

936

FAMILIES
ACCESSING OUR SERVICES

**Red Deer Family Service Bureau** 

Home Early Learning Partners Infant Preschool Wellness Program

**Town of Penhold** 

Penhold Family Resource and Support Program



## **FAMILY PROJECT OUTCOMES**

THE MAIN OUTCOME FOR THIS PROJECT IS IMPROVED SOCIAL WELL-BEING FOR FAMILIES THROUGH TEACHING POSITIVE PARENTING TECHNIQUES.

RED DEER FAMILY SERVICE BUREAU: HOME EARLY LEARNING PARTNERS

100%

of participants surveyed agreed that they are able to communicate effectively with their child, spouse, partner, and/or child's school.

"Being in HELP [Home Early Learning Program] has helped me with being a part of school meetings and is helping me get in contact with agencies for work.

"Another participant reported 'not feeling alone in my struggles with raising my grandkids'."

TOWN OF PENHOLD:
PENHOLD FAMILY RESOURCE AND SUPPORT PROGRAM



of participants report an increased understanding Early Childhood Development.

"

"It is always great to see the dads come out and participate with their children; to spend quality time together. It is also great to see not only the dads spending quality time with their kids, but starting to interact with each other through conversation."

## **ADULT PROJECTS**

Central Alberta Refugee Effort (CARE) Committee

**Learning Together Program** 

**Vantage Community Services** 

Walk-In Clinic

**Shalom Counseling Centre of Alberta** 

Stronger Individuals & Families Through Counselling



# ADULT PROJECT OUTCOMES

OUTCOMES INCLUDE PERSONAL WELL-BEING IN DEALING WITH LIFE'S DIFFICULTIES, AND COMMUNITY CONNECTION AND ENGAGEMENT THROUGH AWARENESS AND USE OF PROGRAMS AND SERVICES AVAILABLE.

CENTRAL ALBERTA REFUGEE EFFORT (CARE) COMMITTEE: LEARNING TOGETHER PROGRAM

100%

of participants surveyed agree that "because of the Learning Together Program, I know more about how to access the community resources I need."

"This participant credits the Learning Together Program for th opportunity it provides to immigrant women like her where they can develop their practical and language skills as well as



## **SENIOR PROJECTS**

**Golden Circle Senior Resource Centre** 

Golden Circle Outreach

**Red Deer Family Service Bureau** 

**Home Support Program** 

**Red Deer Meals on Wheels** 

Meals on Wheels Red Deer



2,294
SENIORS
ACCESSING OUR SERVICES



## SENIOR PROJECT OUTCOMES

OUTCOMES INCLUDE CONNECTION WITH OTHERS, MEASURED THROUGH THE EXTENT TO WHICH PEOPLE HAVE THE SUPPORT OF FAMILY, FRIENDS AND OTHERS.

GOLDEN CIRCLE SENIOR RESOURCE CENTRE: GOLDEN CIRCLE OUTREACH

75%

of the participants accessing Outreach Services and The Golden Circle feel supported by the project.

"

"We received a referral from COSMOS regarding a 62 year old man who had not worked for two years and was four months away from exhausting all his savings, running the risk of losing his house and living on the street. Outreach was able to support this gentleman in the community so he can still live independently in his own home with guidance."

RED DEER MEALS ON WHEELS: MEALS ON WHEELS RED DEER

100%

of participants surveyed agreed that they can rely on Red Deer Meals on Wheels for support and help.

"

"I am so fortunate to have my Meals on Wheels family visit me every day! They bring me hot food and a smile. They are why I ge dressed everyday."

"If not for Meals on Wheels delivery, she a client, would not have anyone stopping in to check on her."

#### COMMUNITY

Central Alberta Refugee Effort (CARE) Immigrant Drop in Centre

**COSMOS Group of Companies** 

Central Alberta Poverty Reduction Alliance (CAPRA)

**Red Deer Youth & Volunteer Centre Foundation**Master Plan Initiative

**United Way Central Alberta**211 Phone Services

Village of Elnora
Elnora FCSS Expansion of Services

VILLAGE OF ELNORA: ELNORA FCSS EXPANSION OF SERVICES

100%

of participant surveyed agreed that "my child/ children feels good about themselves because they help out in the community."



"The Youth Centre's greatest success story is our youth's involvement in the community. Every holiday (Valentines Day, Thanksgiving, Christmas etc.) the kids make cards, baked goods, and/or goodie bags and deliver them to the community members and businesses. The reactions we get from the community is amazing; they really have embraced the youth in our community. The connection between the community and the Youth Centre is so heart warming."

#### **COMMUNITY INITIATIVES**

**Anti-Bullying:** Positive, inclusive Programing

Community Capacity Building: Parent Link Movie Morning, Interagency Meetings, Community Garden, Volunteer Coordination, Meals on Wheels

Early Childhood
Development: East and
West Red Deer County Early
Childhood Development
Coalitions, Welcome to
Kindergarten/Playschool,
Partner with Family Resource
Coordinator

Homelessness: Permanent Supportive Housing Development Study, Point in Time Homeless Count, "Making the Shift" – Youth homelessness research

Neighbourhood Building: Great Neighbours

**Poverty Reduction:** Good Food Box, Kids Clothing and Equipment Swap, Fee Assistance Program

#### **Safe Communities:**

Healthy Living Coalition, Home Alone course, Community Safety Strategy **Senior Wellness:** Connect with Seniors Program, 2000 Steps Walking Group, Intergenerational Activities

#### **Social Connection:**

Spruce View and Benalto Community Welcomers Program, Summer Youth Program, Winter Festival, Community Directories

Substance Abuse
Prevention: Community
Crime and Drug
Presentation

#### **Youth Engagement:**

Community Playgroup/ Parent Link, Kids Cooking Corner, Healthy Relationship Plus Program

#### **FCSS PROJECTS**

Each year some funds are set aside for projects and events to benefit all partner communities. This year some of these funds were used for:

Agency Capacity Building Books on the Bus Neighbourhood Life/Great Neighbours

"

"Following a neighbourhood barbecue, a neighbour got interested in my garden, started his own in a small space on his yard and our interest in each other's gardens has become a real connecting place."

- Neighbourhood Life: Great Neighbours