



ANNUAL REPORT 2018

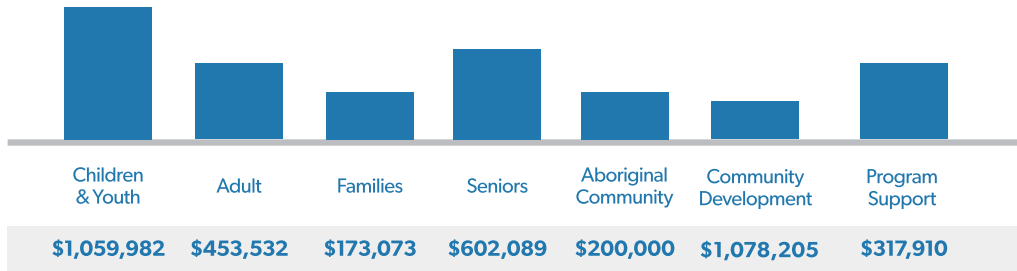


WHAT IS FCSS? (Family & Community Support Services)

FCSS IS A PARTNERSHIP BETWEEN LOCAL MUNICIPAL GOVERNMENTS, MÉTIS SETTLEMENTS AND ALBERTA COMMUNITY AND SOCIAL SERVICES.

Within the parameters of the FCSS Act and Regulation, each municipality or Métis settlement determines how the FCSS funding they receive should be allocated to best meet the social programming needs of their community. Local FCSS programs are part of the larger provincial program that collectively ensures Albertans have access to a strong network of preventive social supports. Red Deer & District FCSS supports programs that help to accomplish its vision of empowered individuals, healthy families and caring communities.

FUNDING DISTRIBUTION AMONGST POPULATIONS



RED DEER & DISTRICT FCSS FUNDING

Red Deer & District FCSS creates connections through the projects we fund. We connect isolated seniors to cheerful volunteers, desperate people to agencies with expertise, suicidal teens to counsellors and abused partners to projects that give them confidence to leave a relationship and rebuild.

Annual reporting is based upon:

Qualitative data: project level outcomes and personal evidence of client outcomes.

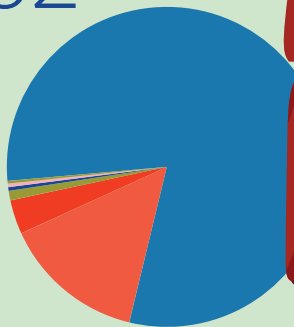
Quantitative data: demographics and surveys.

2018 FUNDING & PEOPLE SERVED

\$3,884,792

PARTNER CONTRIBUTIONS

Province of Alberta	\$3,108K
The City of Red Deer	\$558K
Red Deer County	\$134K
Town of Penhold	\$37K
Town of Bowden	\$15K
Village of Elnora	\$13K
Village of Delburne	\$11K



23,836

PEOPLE SERVED

A stacked bar chart showing the number of people served by each partner municipality. The bar is divided into segments corresponding to the municipalities, with colors matching the pie chart. The segments from top to bottom are: red (The City of Red Deer), pink (Village of Elnora), red (Red Deer County), green (Village of Delburne), yellow (Town of Penhold), and blue (Town of Bowden).

The City of Red Deer	18,378
Village of Elnora	3,697
Red Deer County	2,635
Village of Delburne	1,842
Town of Penhold	1,227
Town of Bowden	1,193

FCSS funding is provided through Alberta Community and Social Services and the six partner municipalities; administrative support is provided by the Social Planning department of The City of Red Deer.

There is a strong collaboration between all of these partners. Within the FCSS regulations, the Province of Alberta provides 80% of the funding and partner municipalities provide the remaining 20%.

1,343 ABORIGINAL PARTICIPANTS

424 NEWCOMERS <4 YEARS IN CANADA

CHILD & YOUTH PROJECTS

11,532
CHILDREN & YOUTH
ACCESSING OUR SERVICES

Benalto Playschool

Benalto Playschool

Central Alberta Refugee Effort

Immigrant Youth Program

Chinook's Edge School Division

Family School Wellness Program

Delburne Playschool Society

Delburne Playschool Program

Elnora Playschool

Elnora Playschool

Red Deer Public School District

Community Liaison Worker

Spruce View Rural Child Care Society

Spruce View Playschool

Town of Penhold

Penhold Youth Club

Village of Elnora

Elnora Youth Centre

Youth HQ

Big Brothers & Big Sisters of Red Deer & District
Boys & Girls Club of Red Deer & District



CHILD & YOUTH PROJECT OUTCOMES

OUTCOMES INCLUDE POSITIVE DEVELOPMENT, PERSONAL WELL-BEING AND CONNECTION TO OTHERS.

RED DEER PUBLIC SCHOOL DIVISION –
COMMUNITY LIAISON WORKER

85% of survey respondents reported improvement in being able to communicate.

“

“...at school he is a different child. He has gained so many social skills and fits in well within his classroom environment. He is no longer aggressive to the point that other children are afraid of him.”

CHINOOK’S EDGE SCHOOL DIVISION:
FAMILY SCHOOL WELLNESS PROGRAM

100% of survey respondents report improvement in feeling good about themselves.

“

Student: “You have helped me a lot in these past months and so I thank you a lot for being there for me to talk to me because I had no one else to talk to”.

YOUTH HQ: BOYS & GIRLS CLUB OF RED DEER & DISTRICT

98% of youth surveyed are happy with the program.

“

“I have seen my kids gain more self-confidence around others. My oldest has become more independent. It gives them a place to belong, which was super important for my oldest who still hadn’t quite found a place for himself. This year he chose the boys and girls club activities over all the others.”

FAMILY PROJECTS

Red Deer Family Service Bureau
Infant Preschool Wellness Program

Town of Penhold
Penhold Family Resource
and Support Program



2,027
FAMILIES
ACCESSING OUR SERVICES

FAMILY PROJECT OUTCOMES

THE MAIN OUTCOME FOR THIS PROJECT IS IMPROVED SOCIAL WELL-BEING FOR FAMILIES THROUGH TEACHING POSITIVE PARENTING TECHNIQUES.

RED DEER FAMILY SERVICE BUREAU –
INFANT PRESCHOOL WELLNESS PROGRAM

98%

of clients surveyed agree or strongly agree that they increased their problem-solving and decision-making skills and are better able to cope.

98%

of clients surveyed agreed or strongly agreed that their Outreach Worker helped them work on their goals for themselves and their child.

TOWN OF PENHOLD:
PENHOLD FAMILY RESOURCE AND SUPPORT PROGRAM

100%

of participants who completed a survey from Daddy and Me and Family play days, said they had fun that day and would attend another play day.

80%

of participants who completed a survey strongly agreed that they enjoyed the day and would attend again (Women's Day surveys).

ADULT PROJECTS

6,293
ADULTS
ACCESSING OUR SERVICES

Red Deer Family Service Bureau
Family Counselling

Shalom Counselling
Stronger Individuals and Families
Through Counselling

Vantage Community Services
Walk-in Clinic



ADULT PROJECT OUTCOMES

OUTCOMES INCLUDE PERSONAL WELL-BEING IN DEALING WITH LIFE'S DIFFICULTIES, AND COMMUNITY CONNECTION AND ENGAGEMENT THROUGH AWARENESS AND USE OF PROGRAMS AND SERVICES AVAILABLE.

RED DEER FAMILY SERVICE BUREAU - FAMILY COUNSELLING

70% of survey respondents report an increase in feeling good about their future.

75% of survey respondents report an improvement in being able to communicate.

“

It was great closure to a long journey. I am so thankful to have had this help as I have worked through a series of hard life circumstances.”



SENIOR PROJECTS

4,081
SENIORS
ACCESSING OUR SERVICES

Golden Circle Senior Resource Centre

Golden Circle Outreach

Red Deer Family Service Bureau

Home Support Program

Red Deer Meals on Wheels

Meals on Wheels Red Deer



SENIOR PROJECT OUTCOMES

OUTCOMES INCLUDE CONNECTION WITH OTHERS, MEASURED THROUGH THE EXTENT TO WHICH PEOPLE HAVE THE SUPPORT OF FAMILY, FRIENDS AND OTHERS.

GOLDEN CIRCLE SENIOR RESOURCE CENTRE:
GOLDEN CIRCLE OUTREACH

60% of survey respondents report improvement in being able to rely on Golden Circle.

“

“I do not know what I would have done if I did not have a place like the Golden Circle to go to after my husband died, it has been my saving grace”.

RED DEER FAMILY SERVICE BUREAU -
HOME SUPPORT PROGRAM

100% of survey respondents reported an increase in feeling good about their future.



ABORIGINAL PROJECTS

Red Deer Native Friendship Society

Natural Supports for Families

Shining Mountains

Home Planning

Urban Aboriginal Voices Society

Community Facilitator

986
INDIVIDUALS
ACCESSING OUR SERVICES



ABORIGINAL PROJECT OUTCOMES

RED DEER NATIVE FRIENDSHIP SOCIETY –
NATURAL SUPPORTS FOR FAMILIES

100% of individuals surveyed reported having family and friends who help them feel safe, secure and happy.

“

Regardless of the challenges faced by the families in the program, they were all able to identify and activate a natural support plan that worked for them.”

SHINING MOUNTAINS –
HOME PLANNING

100% of individuals surveyed reported an increase in taking action toward improving their lives.

“

“Receiving one-on-one support... helped me organize health care, insurance and shopping. I am no longer in danger of losing my home or my daughter to child welfare.”

URBAN ABORIGINAL VOICES SOCIETY –
COMMUNITY FACILITATOR

50% of individuals surveyed report an increase in community social issues being identified and addressed.

“

“As a result of our efforts to engage more of our community members in the work of community action, our voting membership has grown and participation in community conversations has increased.”

COMMUNITY INITIATIVES

Community Capacity Building:

Collaborative Solutions Team, System Framework Review, Vibrant Red Deer Advisory Council, Downtown Community Development Committee, Integrated School Support Project, RDC Practicum Student Supervision

Diversity and Inclusion: City of Red Deer Diversity Team

Early Childhood Development: Red Deer and Regional Early Years Coalitions, Early Years Festival

Family Violence: Domestic and Relationship Violence Initiative Committee, Domestic Violence Awareness, Regional Vision for Non-Violence, Centre for Positive Relationships

Homelessness: 7 Cities Conference on Housing and Homelessness, Red Deer's Homelessness Community Strategy, Red Deer Housing Authority – Social Housing Re-development

Neighbourhood Building: Great Neighbours, Red Deer Community Association Support and Spring Summit, Springbrook Community Association, Springbrook Community Skate Park Committee, Block Party Program, Family Game Night

Poverty Reduction: CAPRA (Central Alberta Poverty Reduction Network), City of Red Deer Fee Assistance Program Committee

Safe Communities: Emergency Management, Red Deer Community Safety Strategy

Senior Wellness: Community Volunteer Income Tax Program, Senior's Week Activities, Coordinated Community Response to Elder Abuse, Senior's Cooking, Meals on Wheels, Seniors Leisure Club

Social Connection: Mom's Take A Break, Parent Link, Community Garden, Ladies Night, Collective Kitchen

Substance Abuse Prevention: Central Alberta Addictions Consortium, Red Deer Coalition on the Opioid Crisis

Youth Engagement: High Risk Youth Coalition, SPARC (Strengthening Positive Assets and Resiliency in Community), Summer Youth Programming, Boys and Girls Clubs, Spruce View School Leadership Students, Healthy Relationship – Spruce View Family School Wellness Worker

Other: Book on the Bus/Little Free Libraries, FCSS Funding Model Review Conversation Facilitation, Supervised Consumption Site Conversation Facilitation, Healthy Living Coalition, Snow Angels, Fruit to School

FCSS PROJECTS

Each year some funds are set aside for projects and events to benefit all partner communities. This year some of these funds were used for:

Agency Capacity Building

Books on the Bus

Great Neighbours

Poverty Simulations

Community Needs and Opportunities Assessment

Poverty Snapshot

Community Safety Strategy

Collaborative Solutions Team

”

“Community Associations provide an important connection point for people living in that neighbourhood and they enhance the quality of life in the city by bringing more community assets to their neighbourhoods.”





For more information on FCSS initiatives,
visit www.reddeer.ca/fcss
403 342 8100 | fcss@reddeer.ca



283,028

VOLUNTEER HOURS

1,973

VOLUNTEERS

Thank You

2018 FCSS BOARD MEMBERS

Milt Williams: Community Representative and Board Chair

Valdene Callin: Community Representative and Vice-Chair

Margaret Gillis: Community Representative

Gordon Thomas: Community Representative

Jean Bota/Dana Depalme/Richard Lorenz: Councillors – Red Deer County

Jeff Bourne: Councillor – Village of Delburne

Lawrence Lee/Ken Johnston/Vesna Higham: Councillors – City of Red Deer

Leah Nelson/Robert Aellen: Councillors – Village of Elnora

Sandy Gamble: Councillor – Town of Bowden

Tyrone Muller: Councillor – Town of Penhold

2018 SOCIAL PLANNING STAFF – The City of Red Deer

2018 REGIONAL PARTNERS – FCSS Staff