

FCSS ANNUAL REPORT

2022



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 Councillor Christine Moore, Red Deer County
 Councillor Mike Walsh, Town of Penhold



PEOPLE SERVED

INTERNAL AND EXTERNALLY FUNDED PROJECTS

Municipality	People Served
Town of Bowden	2,294
Village of Delburne	699
Village of Elnora	321
Town of Penhold	2,053
Red Deer County	8,543
The City of Red Deer	12,617
Other/Not Reported	10,756
Total	37,283

DEMOGRAPHICS SERVED

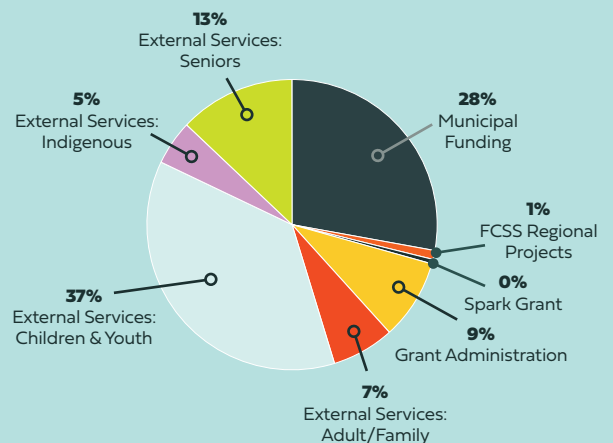
	People Served
Children & Youth (0-24 years)	16,001
Seniors (65+ years)	3,396
Adults (25-64 years)	16,868
Other/Not Reported	1,018
Total	37,283

SOURCES OF FUNDING

Total Funding	\$3,851,075
Province of Alberta	\$3,080,868
Town of Bowden	\$18,675
Village of Delburne	\$14,628
Village of Elnora	\$13,417
Town of Penhold	\$50,249
Red Deer County	\$149,539
The City of Red Deer	\$523,699

FUNDING CATEGORY

Admin	\$336,808
Adult	\$230,200
Children & Youth	\$1,329,538
Aboriginal Community	\$193,727
Seniors	\$602,089
Reconnect	\$64,785
Sub-Total	\$2,757,147
Community Development Initiatives	\$1,111,553
FCSS Regional Projects	\$2,408
Sub-Total	\$1,113,961
Spark (Neighbour grants)	\$9,198
Agency Capacity Building	\$13,540
Sub-Total	\$22,738



Responding to Covid

Reconnect Community Projects

The Reconnect community grant supports creative community-led projects that build new and deeper relationships, especially for people that are isolated.

In 2022, 15 projects were supported.

TOTAL GRANTED

\$101,394

TOTAL GATHERINGS

83

ATTENDANCE

4,545

(1,000 was added as an estimate for the number of participants whose reports were delayed)

All the projects were focused on connecting and reconnecting neighbours and community members of many backgrounds and ages through events, education and awareness activities, workshops, sharing culture through food etc. The activities brought old and new faces together through:

- Community kitchens/ intercultural potlucks (Indian, Nigerian and Sierra Leone food)
- Popup concerts with arts activities and games
- Art classes in the park
- Community connect coffee and conversation
- Basketball events
- Newcomer Youth Skate Night
- Block Party
- Collective kitchen Samosas project
- Sudanese Youth Project
- Workshops on topics such as "Healing Together", "diversity and cultural heritage" etc.
- Community Garden

All grantees also completed a 5-week Community Leadership Program, where they shared lessons and challenges as they ran their projects, on how to know who is in your community, reach new people, deepen relationships, and host activities that are welcoming to all. There are now many new citizen leaders that have continued to create community far beyond their projects.



Child & Youth Projects

Pooled indicator

10,093 children and youth were served by the following projects in 2022. Among these children and youth, 61% reported increased self-esteem.

Projects funded

Benalto Playschool

Benalto Playschool

Bowden Play and Learn

Bowden Playschool

Central Alberta Refuge Effort

Immigrant Youth Program

Chinook's Edge School Division

Family School Wellness Program

Delburne Playschool Society

Delburne Playschool Program

Elnora Playschool

Playschool

Red Deer Catholic Regional Schools

Family School Enhancement Counsellors

Red Deer Public School District

Community Liaison Worker

Spruce View Rural Child Care Society

Spruce View Playschool

Town of Penhold

Penhold Youth Club

YMCA of Northern Alberta

Universal Access

Youth HQ

Big Brothers & Big Sisters of Red Deer & District

Youth HQ

Boys & Girls Club of Red Deer & District

Example of impact

From a family:

"[FSW Worker] is absolutely fantastic. She reached out to me a few times. The year has been a very difficult time and offered help over the holidays. And offered some advice dealing with our situation. I can't say enough about her. Please tell her thank you for everything and thank you for being there for us."

- Chinook's Edge School Division
Family School Wellness Program



FCSS Projects

Recharge

Pop Up Spray Parks

Meet me at the Park

Creative Place Making

Snow Angels

Reconnect Community Learning Series

Cookies for Community/Soup and Social

Little Free Libraries

Substance Abuse Prevention

High Risk Youth Coalition

Nordic Walk & Chat

Coffee and Cards for Seniors

Tech Time for Older Adults

Volunteer Income Tax



Adult & Family Projects

Pooled indicator

3911 adults were served by the following projects in 2022. Across these participants, 41% of adults reported increased optimism (i.e. an improvement in feeling good about their future).

Projects funded

Red Deer Family Service Bureau
Family Counselling

Shalom Counseling
Strengthening Emotional and Relational Wellness for Individuals and Families

Example of impact

When a woman in midlife is overwhelmed with anxiety, feeling the stresses of Covid and seeing her mental health plummet, having lost her professional employment and fearful of her marriage falling apart, I'm glad she could be offered help at a time when she could not begin to afford the true cost of assistance. Change began quickly as she felt that she was understood by her counsellor. There was opportunity to help her sort what was and wasn't her responsibility. She could move from the fear of "what if" to address what is. She described learning to speak up for herself... In fact she's feeling optimistic about taking the next steps that will prepare her for some positive change."

- Shalom Counselling

From a counselor:

"A couple in their mid-30s attended counselling and presented with blended family problems. The husband and the wife both had different cultural backgrounds. The wife was Filipino, and the husband was Dominican. Part of their cultural differences contributed to their couple conflict. Co-parenting their individual children together was a struggle. The clients were unable to discuss co-parenting without becoming reactive towards each other. They were able to understand and validate each other's perspectives during the counselling process. They participated in communication exercises and homework. Eventually they were able to improve their reactivity management, which allowed them to come together and engage in effective communication. They also learned about their corresponding parenting styles and what style is the most effective. They were able to reach their counselling goals and the counselling process was completed."



Indigenous Projects

Pooled indicator

In 2022, funded projects served 1,246 self-identified Indigenous community members across the Indigenous funding stream and 14% reported feeling a greater sense of belonging in the Indigenous community.

Projects funded

Urban Aboriginal Voices Society
Community Facilitator

Red Deer Dance Troupe Society
Revitalizing the Circle

Example of impact

"Guardians, caregivers and kinship providers have inquired about their younger children to be involved with the Fire Within Youth Group. The Fire Within Youth have connected with the younger generation by passing on their skills and knowledge during community events."

- Aboriginal Dance Troupe



Seniors Projects

Pooled indicator

564 seniors were served by Senior serving organizations. Of these seniors, 75% reported an improvement in available social supports.

Projects funded

Golden Circle Senior Resource Centre
Golden Circle Outreach

Red Deer Family Service Bureau
Home Support Program

Red Deer Meals on Wheels
Meals on Wheels Red Deer

Example of impact

From a senior to a volunteer:

"You guys coming to my door gives me a reason to get dressed each day!"

"A referral to the Home Support Program came through the Brain Injury Network to help support a senior male in his early 60's who was unable to keep his small 1-bedroom apartment clean due to his brain injury. The client had been given notice of eviction if the apartment was not clean. We sent in two workers to give the apartment a thorough cleaning and then set him up with regular a Home Support Worker to help maintain the home with general housekeeping as well as setting up reminders to take out the garbage. The client was not evicted from the apartment and continues to receive regular Home Support visits...."

- Red Deer Family Services Bureau Home support



THANK YOU



VOLUNTEERS

1,055

ABORIGINAL PARTICIPANTS

1,308

VOLUNTEER HOURS

HOURS

29,987

TOTAL VOLUNTEER CONTRIBUTION
MEASURED AT \$20/HOUR

\$599,740