



OFFICE OF THE MAYOR

## PROCLAMATION

**WHEREAS:** Fibromyalgia (FM) and Myalgic Encephalomyelitis (ME, also known as Chronic Fatigue Syndrome (CFS)) Awareness Day aims to raise awareness and end the stigma and discrimination that accompany these chronic illnesses.

**WHEREAS:** Fibromyalgia (FM) and Myalgic Encephalomyelitis (ME) affect about 5% of Canada's population - over 568,000 men, women and children of all ages and races in Alberta are afflicted with one or both of these chronic illnesses; and

**WHEREAS:** Once diagnosed, an individual is often ill for years, with as many as 70 percent of sufferers becoming disabled for life.

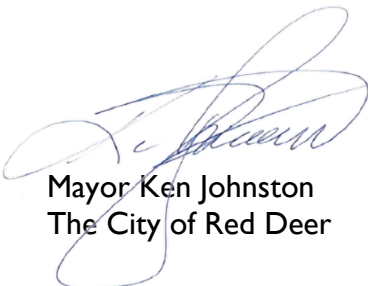
**WHEREAS:** Existing public information, medical education, research, and resources to properly serve patient communities remain inadequately disseminated and are insufficient in addressing the needs of specific diverse populations and other underserved groups; and

**WHEREAS:** Increased awareness and understanding by the public, healthcare providers and policymakers of the daily multifaceted management challenges of Fibromyalgia and Myalgic Encephalomyelitis and its impact on patients' function and quality of life may reduce the stigma of this illness;

### NOW THEREFORE,

I, Ken Johnston, Mayor of the City of Red Deer, hereby proclaim May 12, 2023 as "Fibromyalgia and Myalgic Encephalomyelitis/Chronic Fatigue Syndrome, Awareness Day" in the City of Red Deer and I call this observance to the attention of all our citizens.

**IN WITNESS WHEREOF,** I have hereunto set my hand and cause the Official Seal of The City of Red Deer, Alberta, to be affixed.



Mayor Ken Johnston  
The City of Red Deer

