

Monday to Saturday Schedule

ROUTE 7 - MORRISROE / VANIER WOODS

OUTBOUND from Sorensen Station

Parkvale, Mountview, Deer Park Co-Op, Lancaster

Sorensen Station	35 St. 46 Ave.	32 St. 40 Ave.	Dunlop St. 30 Ave.	Lindman Ave. 22 St.	Ironstone Dr. 30 Ave. *
6:15 AM	6:20 AM	6:25 AM	6:30 AM	6:35 AM	6:41 AM
6:45 AM	6:50 AM	6:55 AM	7:00 AM	7:05 AM	7:11 AM
7:15 AM	7:20 AM	7:25 AM	7:30 AM	7:35 AM	7:41 AM
7:45 AM	7:50 AM	7:55 AM	8:00 AM	8:05 AM	8:11 AM
8:15 AM	8:20 AM	8:25 AM	8:30 AM	8:35 AM	8:41 AM
8:45 AM	8:50 AM	8:55 AM	9:00 AM	9:05 AM	9:11 AM
9:15 AM	9:20 AM	9:25 AM	9:30 AM	9:35 AM	9:41 AM
9:45 AM	9:50 AM	9:55 AM	10:00 AM	10:05 AM	10:11 AM
10:15 AM	10:20 AM	10:25 AM	10:30 AM	10:35 AM	10:41 AM
10:45 AM	10:50 AM	10:55 AM	11:00 AM	11:05 AM	11:11 AM
11:15 AM	11:20 AM	11:25 AM	11:30 AM	11:35 AM	11:41 AM
11:45 AM	11:50 AM	11:55 AM	12:00 PM	12:05 PM	12:11 PM
12:15 PM	12:20 PM	12:25 PM	12:30 PM	12:35 PM	12:41 PM
12:45 PM	12:50 PM	12:55 PM	1:00 PM	1:05 PM	1:11 PM
1:15 PM	1:20 PM	1:25 PM	1:30 PM	1:35 PM	1:41 PM
1:45 PM	1:50 PM	1:55 PM	2:00 PM	2:05 PM	2:11 PM
2:15 PM	2:20 PM	2:25 PM	2:30 PM	2:35 PM	2:41 PM
2:45 PM	2:50 PM	2:55 PM	3:00 PM	3:05 PM	3:11 PM
3:15 PM	3:20 PM	3:25 PM	3:30 PM	3:35 PM	3:41 PM
3:45 PM	3:50 PM	3:55 PM	4:00 PM	4:05 PM	4:11 PM
4:15 PM	4:20 PM	4:25 PM	4:30 PM	4:35 PM	4:41 PM
4:45 PM	4:50 PM	4:55 PM	5:00 PM	5:05 PM	5:11 PM
5:15 PM	5:20 PM	5:25 PM	5:30 PM	5:35 PM	5:41 PM
5:45 PM	5:50 PM	5:55 PM	6:00 PM	6:05 PM	6:11 PM
6:15 PM	6:20 PM	6:25 PM	6:30 PM	6:35 PM	6:41 PM
6:45 PM	6:50 PM	6:55 PM	7:00 PM	7:05 PM	7:11 PM
7:15 PM	7:20 PM	7:25 PM	7:30 PM	7:35 PM	7:41 PM
7:45 PM	7:50 PM	7:55 PM	8:00 PM	8:05 PM	8:11 PM
8:15 PM	8:20 PM	8:25 PM	8:30 PM	8:35 PM	8:41 PM
8:45 PM	8:50 PM	8:55 PM	9:00 PM	9:05 PM	9:11 PM
9:15 PM	9:20 PM	9:25 PM	9:30 PM	9:35 PM	9:41 PM
9:45 PM	9:50 PM	9:55 PM	10:00 PM	10:05 PM	10:11 PM
10:15 PM	10:20 PM	10:25 PM	10:30 PM	10:35 PM	10:41 PM
11:15 PM	11:19 PM	11:23 PM	11:27 PM	11:31 PM	11:35 PM O/S

*Bus continues from Ironstone Dr./30 Ave. stop as ROUTE 1 INBOUND. See Route 1 INBOUND

ROUTE 7 - MORRISROE / VANIER WOODS

INBOUND to Sorensen Station

Lancaster, Deer Park Co-Op, Mountview, Parkvale

Vanier Dr. 30 Ave.	Lindman Ave. 22 St.	Dunlop St. 30 Ave.	40 Ave. 32 St.	35 St. 43 Ave.	Sorensen Station
6:10 AM	6:16 AM	6:21 AM	6:26 AM	6:31 AM	6:39 AM
6:40 AM	6:46 AM	6:51 AM	6:56 AM	7:01 AM	7:09 AM
7:10 AM	7:16 AM	7:21 AM	7:26 AM	7:31 AM	7:39 AM
7:40 AM	7:46 AM	7:51 AM	7:56 AM	8:01 AM	8:09 AM
8:10 AM	8:16 AM	8:21 AM	8:26 AM	8:31 AM	8:39 AM
8:40 AM	8:46 AM	8:51 AM	8:56 AM	9:01 AM	9:09 AM
9:10 AM	9:16 AM	9:21 AM	9:26 AM	9:31 AM	9:39 AM
9:40 AM	9:46 AM	9:51 AM	9:56 AM	10:01 AM	10:09 AM
10:10 AM	10:16 AM	10:21 AM	10:26 AM	10:31 AM	10:39 AM
10:40 AM	10:46 AM	10:51 AM	10:56 AM	11:01 AM	11:09 AM
11:10 AM	11:16 AM	11:21 AM	11:26 AM	11:31 AM	11:39 AM
11:40 AM	11:46 AM	11:51 AM	11:56 AM	12:01 PM	12:09 PM
12:10 PM	12:16 PM	12:21 PM	12:26 PM	12:31 PM	12:39 PM
12:40 PM	12:46 PM	12:51 PM	12:56 PM	1:01 PM	1:09 PM
1:10 PM	1:16 PM	1:21 PM	1:26 PM	1:31 PM	1:39 PM
1:40 PM	1:46 PM	1:51 PM	1:56 PM	2:01 PM	2:09 PM
2:10 PM	2:16 PM	2:21 PM	2:26 PM	2:31 PM	2:39 PM
2:40 PM	2:46 PM	2:51 PM	2:56 PM	3:01 PM	3:09 PM
3:10 PM	3:16 PM	3:21 PM	3:26 PM	3:31 PM	3:39 PM
3:40 PM	3:46 PM	3:51 PM	3:56 PM	4:01 PM	4:09 PM
4:10 PM	4:16 PM	4:21 PM	4:26 PM	4:31 PM	4:39 PM
4:40 PM	4:46 PM	4:51 PM	4:56 PM	5:01 PM	5:09 PM
5:10 PM	5:16 PM	5:21 PM	5:26 PM	5:31 PM	5:39 PM
5:40 PM	5:46 PM	5:51 PM	5:56 PM	6:01 PM	6:09 PM
6:10 PM	6:16 PM	6:21 PM	6:26 PM	6:31 PM	6:39 PM
6:40 PM	6:46 PM	6:51 PM	6:56 PM	7:01 PM	7:09 PM
7:10 PM	7:16 PM	7:21 PM	7:26 PM	7:31 PM	7:39 PM
7:40 PM	7:46 PM	7:51 PM	7:56 PM	8:01 PM	8:09 PM
8:10 PM	8:16 PM	8:21 PM	8:26 PM	8:31 PM	8:39 PM
8:40 PM	8:46 PM	8:51 PM	8:56 PM	9:01 PM	9:09 PM
9:10 PM	9:16 PM	9:21 PM	9:26 PM	9:31 PM	9:39 PM
9:40 PM	9:46 PM	9:51 PM	9:56 PM	10:01 PM	10:09 PM
10:10 PM	10:14 PM	10:18 PM	10:22 PM	10:26 PM	10:31 PM O/S
10:40 PM	10:46 PM	10:51 PM	10:56 PM	11:01 PM	11:09 PM

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10:15 AM	10:20 AM	10:25 AM	10:30 AM	10:35 AM	10:41 AM
10:45 AM	10:50 AM	10:55 AM	11:00 AM	11:05 AM	11:11 AM
11:15 AM	11:20 AM	11:25 AM	11:30 AM	11:35 AM	11:41 AM
11:45 AM	11:50 AM	11:55 AM	12:00 PM	12:05 PM	12:11 PM
12:15 PM	12:20 PM	12:25 PM	12:30 PM	12:35 PM	12:41 PM
12:45 PM	12:50 PM	12:55 PM	1:00 PM	1:05 PM	1:11 PM
1:15 PM	1:20 PM	1:25 PM	1:30 PM	1:35 PM	1:41 PM
1:45 PM	1:50 PM	1:55 PM	2:00 PM	2:05 PM	2:11 PM
2:15 PM	2:20 PM	2:25 PM	2:30 PM	2:35 PM	2:41 PM
2:45 PM	2:50 PM	2:55 PM	3:00 PM	3:05 PM	3:11 PM
3:15 PM	3:20 PM	3:25 PM	3:30 PM	3:35 PM	3:41 PM
3:45 PM	3:50 PM	3:55 PM	4:00 PM	4:05 PM	4:11 PM
4:15 PM	4:20 PM	4:25 PM	4:30 PM	4:35 PM	4:41 PM
4:45 PM	4:50 PM	4:55 PM	5:00 PM	5:05 PM	5:11 PM
5:15 PM	5:20 PM	5:25 PM	5:30 PM	5:35 PM	5:41 PM
5:45 PM	5:50 PM	5:55 PM	6:00 PM	6:05 PM	6:11 PM
6:15 PM	6:20 PM	6:25 PM	6:30 PM	6:35 PM	6:41 PM
6:45 PM	6:49 PM	6:53 PM	6:57 PM	7:02 PM	7:06 PM O/S

*bus continues from Ironstone Dr. /30 Ave stop as ROUTE 1 INBOUND. See Route 1 INBOUND

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10:10 AM	10:16 AM	10:21 AM	10:26 AM	10:31 AM	10:39 AM
10:40 AM	10:46 AM	10:51 AM	10:56 AM	11:01 AM	11:09 AM
11:10 AM	11:16 AM	11:21 AM	11:26 AM	11:31 AM	11:39 AM
11:40 AM	11:46 AM	11:51 AM	11:56 AM	12:01 PM	12:09 PM
12:10 PM	12:16 PM	12:21 PM	12:26 PM	12:31 PM	12:39 PM
12:40 PM	12:46 PM	12:51 PM	12:56 PM	1:01 PM	1:09 PM
1:10 PM	1:16 PM	1:21 PM	1:26 PM	1:31 PM	1:39 PM
1:40 PM	1:46 PM	1:51 PM	1:56 PM	2:01 PM	2:09 PM
2:10 PM	2:16 PM	2:21 PM	2:26 PM	2:31 PM	2:39 PM
2:40 PM	2:46 PM	2:51 PM	2:56 PM	3:01 PM	3:09 PM
3:10 PM	3:16 PM	3:21 PM	3:26 PM	3:31 PM	3:39 PM
3:40 PM	3:46 PM	3:51 PM	3:56 PM	4:01 PM	4:09 PM
4:10 PM	4:16 PM	4:21 PM	4:26 PM	4:31 PM	4:39 PM
4:40 PM	4:46 PM	4:51 PM	4:56 PM	5:01 PM	5:09 PM
5:10 PM	5:16 PM	5:21 PM	5:26 PM	5:31 PM	5:39 PM
5:40 PM	5:46 PM	5:51 PM	5:56 PM	6:01 PM	6:09 PM
6:10 PM	6:16 PM	6:21 PM	6:26 PM	6:31 PM	6:39 PM
6:40 PM	6:45 PM	6:49 PM	6:53 PM	6:57 PM O/S	