



XPLORE SPORT DAY

Saturday, May 7
9:00 a.m. – 2 p.m.
Capstone – Canada 150 Square

reddeer.ca/XploreSport

IN PARTNERSHIP WITH



Participating Groups - Canada 150 Square

Type of Demonstration - 9a.m. - 2p.m.

AHS Health & Nutrition Support	Nutrition info and demos
Alberta Orienteering Association	Orienteering Navigational Skills Try-It
Alberta Sport Development Centre - Central	Information booth
Alberta Sports Hall of Fame and Museum Society	Hall of Fame artifacts on-site
Central Alberta Disc Golf Association	Mini disc golf course demos and Try-It
Central Alberta Skateboarding	Pop-up skateboard demos and Try-It
Central Alberta Rowing	Demonstrations
Central Sport Authority	Video presentations and Information booth
City of Red Deer - Recreation	Games and skills in physical literacy
Dance Magic Studio	Dance Routines and Try-It
Field Hockey Alberta	Shooting on goal demos and Try-It
Northside Community Centre YMCA	Fundamental movement skill stations
Orange Theory	Fitness and program information
Red Deer BMX	Demos and Try-It
Red Deer Boxing Club	Boxing gloves and punching bag demos and Try-It
Red Deer Central Lions Speed Skating Club	Information booth
Red Deer City Soccer Association	Pop-up nets for shooting and dribbling
Red Deer Fencing Club	Fencing demos and foil and Try-It
Red Deer Lacrosse Association	Nets/sticks for demos and Try-It
Red Deer Masters Swim Club - "Silver Sharks"	Information booth
Red Deer Minor Football	Place kicking/punting demos and Try-It
Red Deer Pickleball Club	Information booth
Red Deer Polytechnic	Displays and children's games
Red Deer Ringette	Information booth
Red Deer Roller Hockey Association	Information booth
Red Deer Royals	Marching band demos
Red Deer Silhouettes	Information booth
Red Deer Titan's Rugby Football Club	Information booth
Tourism Red Deer	Information booth

Participating Groups at Satellite Locations	Type of Demonstration Satellite Locations Available 12 - 4p.m.
Central Alberta Skateboard Association - Northern AB YMCA	Public access for demos and rides
Red Deer BMX - Great West Adventure Park	Public access for demos and rides
Red Deer Pickleball Club - Pickleball Club at Motorworks Fields	Public access for demos and game play
Setters Field - Great Chief Park	12:30 soccer game - Free admission U18 boys Renegades

Xplore Sport Day Locations

**Canada 150 Square
Capstone**

210-5589, 47 Street

**YMCA - Central AB
Skateboarding
Association**

6391, 76 Street

**Great West
Adventure Park
BMX Demos**

5504, 56 Avenue

**Pickleball Club
Motorworks Fields
Pickleball Demos**

2900, 67 Street

**Setters Place
Soccer Game**

4707 Fountain Drive